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Jeff Hughes
*Head of Democratic and Legal
Support Services*

MEETING : HEALTH AND WELLBEING SCRUTINY COMMITTEE
VENUE : COUNCIL CHAMBER, WALLFIELDS, HERTFORD
DATE : TUESDAY 13 OCTOBER 2015
TIME : 7.00 PM

PLEASE NOTE TIME AND VENUE

MEMBERS OF THE COMMITTEE

Councillor Norma Symonds (Chairman)
Councillors D Abbott, A Alder, S Cousins, H Drake, Mrs D Hollebon,
J Kaye, M McMullen, P Moore and R Standley

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DISCLOSABLE PECUNIARY INTERESTS

1. A Member, present at a meeting of the Authority, or any committee, sub-committee, joint committee or joint sub-committee of the Authority, with a Disclosable Pecuniary Interest (DPI) in any matter to be considered or being considered at a meeting:
 - must not participate in any discussion of the matter at the meeting;
 - must not participate in any vote taken on the matter at the meeting;
 - must disclose the interest to the meeting, whether registered or not, subject to the provisions of section 32 of the Localism Act 2011;
 - if the interest is not registered and is not the subject of a pending notification, must notify the Monitoring Officer of the interest within 28 days;
 - must leave the room while any discussion or voting takes place.
2. A DPI is an interest of a Member or their partner (which means spouse or civil partner, a person with whom they are living as husband or wife, or a person with whom they are living as if they were civil partners) within the descriptions as defined in the Localism Act 2011.
3. The Authority may grant a Member dispensation, but only in limited circumstances, to enable him/her to participate and vote on a matter in which they have a DPI.
4. It is a criminal offence to:
 - fail to disclose a disclosable pecuniary interest at a meeting if it is not on the register;
 - fail to notify the Monitoring Officer, within 28 days, of a DPI that is not on the register that a Member disclosed to a meeting;

- participate in any discussion or vote on a matter in which a Member has a DPI;
- knowingly or recklessly provide information that is false or misleading in notifying the Monitoring Officer of a DPI or in disclosing such interest to a meeting.

(Note: The criminal penalties available to a court are to impose a fine not exceeding level 5 on the standard scale and disqualification from being a councillor for up to 5 years.)

AGENDA

1. Apologies

2. Minutes (Pages 7 - 16)

To receive the Minutes of the meeting held on 23 June 2015

3. Chairman's Announcements

4. Declarations of Interest

To receive any Member's Declaration of Interest and Party Whip arrangements.

5. The integration of public health agenda into the delivery of Housing Benefit and Council Tax Support (Pages 17 - 26)

Report and Presentation

6. Update on Actions under the Ageing Well Agenda (Pages 27 - 40)

7. Health and Wellbeing Scrutiny - Work Programme (Pages 41 - 50)

8. Minutes: HCC Health Scrutiny Committee and Updates (Pages 51 - 56)

9. Minutes: LSP Health and Wellbeing Officers' Group (Pages 57 - 60)

10. Minutes: Local Strategic Partnership - Ageing Well Steering Group (Pages 61 - 68)

11. Urgent Business

To consider such other business as, in the opinion of the Chairman of the

meeting, is of sufficient urgency to warrant consideration and is not likely to involve the disclosure of exempt information.

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MINUTES OF A MEETING OF THE
HEALTH AND WELLBEING SCRUTINY
COMMITTEE HELD IN THE COUNCIL
CHAMBER, WALLFIELDS, HERTFORD ON
TUESDAY 23 JUNE 2015, AT 7.00 PM

PRESENT: Councillor N Symonds (Chairman)
Councillors D Abbott, A Alder, S Cousins,
H Drake, Mrs D Hollebon, J Kaye,
M McMullen, P Moore and R Standley.

ALSO PRESENT:

Councillors D Andrews, R Brunton,
E Buckmaster, J Goodeve, L Haysey and
G McAndrew.

OFFICERS IN ATTENDANCE:

Simon Barfoot	- Environmental Health Promotion Officer
Lorraine Blackburn	- Democratic Services Officer
Claire Pullen	- Engagement and Partnerships Officer (Grants)
Adele Taylor	- Director of Finance and Support Services
Sheila Winterburn	- Environmental Health Manager - Housing

96 APPOINTMENT OF VICE CHAIRMAN

It was proposed by Councillor D Abbott and seconded by Councillor Mrs D Hollebon that Councillor P Moore be appointed Vice-Chairman of the Health and Wellbeing Scrutiny Committee for the 2015/16 civic year.

After being put to the meeting, Councillor P Moore was appointed Vice–Chairman of the Health and Wellbeing Scrutiny Committee for the 2015/16 civic year.

RESOLVED – that Councillor P Moore be appointed Vice–Chairman of the Health and Wellbeing Scrutiny Committee for the 2015/16 civic year.

97 CHAIRMAN'S ANNOUNCEMENTS

The Chairman welcomed everyone to the meeting. She also thanked Rachel Poynter and Lydia Journet for attending as part of their professional experience learning and advised Members that they had been very helpful to the Environmental Health Promotion Officer in relation to the “Crucial Crew” Project.

The Chairman asked that Members of the Committee sit on the inner circle of chairs and reminded Members that non-Members could speak, with the permission of the Chairman. She asked that she be addressed as “Chairman” or “Madam Chairman”.

The Chairman explained that the Health and Wellbeing Scrutiny Committee could not scrutinise social care and the health service as these were scrutinised by Hertfordshire County Council.

The Chairman thanked the Members who had emailed her regarding their particular interest in health issues.

The Chairman advised that she had attended a meeting of the Hertfordshire Partners’ Foundation Trust and had enjoyed the event. She explained the improved status of carers. The Chairman stated that the Vice Chairman was raising money for carers.

The Chairman referred to the launch of the “Carers Passport” and that £500 had been given by East Herts District Council to support its promotion.

AN INTRODUCTION TO PUBLIC HEALTH

The Executive Member for Health and Wellbeing submitted a report which provided an overview of public health and how Members could positively influence the health of residents in East Herts.

The Environmental Health Manager explained the roles of both the County Council and District Council in terms of their statutory responsibilities and how councils can influence public health in providing a healthier environment in which to live and work in and to also address the factors which contributed to health inequalities.

The Environmental Health Manager stated that the Health and Wellbeing Scrutiny Committee could not scrutinise the NHS as this was a function of the County Council and it could not scrutinise social care as this fell within the remit of another inspectorate.

The Environmental Health Manager explained that public health was central to all of the Council's functions in that health and wellbeing initiatives had been integrated into the provision of all the Council's services and that Councillors had a role to play in using their local knowledge of groups and individuals to identify training and act as public health champions.

The Environmental Health Manager provided an overview of the Joint Strategic Needs Assessment (JSNA) stating that this online website provided a wealth of statistical information about the health of areas which could be interrogated nationally and at to local level.

In response to a query from Councillor P Moore regarding joint working with partners, and the difficulties regarding accessibility to social workers and occupational therapists to help a family she was working with, the Environmental Health Officer stated that she hoped that the Care Act would provide a quicker and more holistic approach in service matching individuals and their needs. The Chairman suggested that it

might have been more effective to the Member and family to have contacted the Children's Centre as a first point of contact and then "Thriving Families".

In response to a query from Councillor J Kaye, the Environmental Health Officer explained the background to the Health and Wellbeing Strategy 2013-18, adding that the Council was one of the forerunners in producing such a strategy which also had the County Council's endorsement.

The Environmental Health Officer explained the two streams of public health funding via the New Homes Bonus and Hertfordshire County Council's District Offer. She stated that in relation to the District Offer, all 10 District Councils within Hertfordshire would receive £100,000 for year one and year two public health projects.

The Environmental Health Promotion Officer provided an overview of the work of the Health and Wellbeing Panel to promote public health in terms of working with partners to build a sustainable working model. He referred to the "Meet and Eat" project and working with people living in sheltered accommodation to try and reduce isolation. The Environmental Health Promotion Officer referred to the unique position Members offered in terms of their local knowledge of groups and individuals to promote changes and facilitate the work of partner agencies in promoting health and wellbeing.

In response to a query from Councillor D Abbott regarding promotional literature, the Environmental Health Manager explained what leaflets were available district-wise and what information was held by the County Council. She encouraged Members to contact Officers for further information if it could not be easily sourced.

The Environmental Health Manager explained the difficulties in quantifying the impact of some measures, adding that there were models which the Council could refer to which could provide figures and thereby allow some measurability of an outcome.

Members received the report.

RESOLVED – that the report be received.

99 WORK PROGRAMME

The Chairman of the Health and Wellbeing Scrutiny Committee submitted a report on the Health and Wellbeing Scrutiny Committee's future work programme for 2015/16.

The Scrutiny Officer explained that the work plan had been developed by the previous Health and Wellbeing Panel. She updated Members on what new items had been added and said that many of the projects in progress could be monitored online. The Scrutiny Officer said that there was flexibility in the work programme if Members wanted to add items for scrutiny.

In response to a query regarding the Health and Wellbeing Strategy and areas of concern not being addressed within the work programme, the Environmental Health Promotion Officer explained the approach Members had adopted in agreeing the strategy and the work plan. The Chairman explained that asking specialist speakers to address the Committee would need substantial advance notice.

The Chairman referred to the District Offer from Hertfordshire County Council and was keen that Members undertook a soft approach to monitoring with one or two Members going along to see how groups benefitting from the Offer were using funds. She suggested that if Members supported this approach and wanted to be part of the working group, then Members should submit their expressions of interest to her. This was supported.

The Director of Finance and Support Services explained that a small informal working group showing interest could add colour around the projects and add positively to their publicity. She added that it was important to get a feel of what was going on and give the groups the Council's full support.

The Environmental Promotion Officer stated that the Council would be tracking fulfilment of outcomes on specific projects.

The Committee supported the setting up of a small working group of five Members from which two Members would visit specified groups who had benefitted from District Offer funding support from the County Council.

The Committee agreed the report.

RESOLVED – that (A) the work programme be agreed;

(B) the interim report on the implementation of projects within the East Herts Health and Wellbeing Strategy be submitted as an exceptions report, should problems arise; and

(C) an informal working group of five Members be established from which two Members would be asked to review specific groups / projects which benefit from the District Offer funding.

100 JOINT STRATEGIC NEEDS ASSESSMENT - SETTING THE EVIDENCE

The Executive Member for Health and Wellbeing submitted a report which provided an insight into the Joint Strategic Needs Assessment (JSNA) and health data and how this could help Members in their role of health scrutiny.

The Chairman referred to JSNA data on Bishop's Stortford Central Ward adding that it was the 65th most deprived ward in England.

The Environmental Health Promotion Officer provided an overview of the JSNA and referred to other online sources of health information available to all, the detail of which was set out in the report. He stated that the JSNA was an online tool which Members could use to extract, compare and contrast data affecting their ward to information held nationally. The Environmental Health Promotion Officer explained that the JSNA was also useful in providing "soft intelligence" such as perceptions of public safety and comparative data which could then be used to build up a layered profile of the District.

The Environmental Health Promotion Officer encouraged Members to log onto the JSNA and welcomed their feedback.

In response to a request from Councillor J Kaye that ward information from the JSNA be circulated to all Members, the Leader explained that although a hard copy could be useful, in order for it to be used effectively, the data needed to be compared and contrasted for it to be meaningful. She added that East Herts was above average for its range of health profile indicators in relation to the Country as a whole, but that East Herts should be exceptional.

The Director of Finance and Support Services stated that the Members' Information Bulletin (MIB) was published weekly and that she would arrange for an overview of the JSNA and the link to the website to be included in a future edition of the MIB. In the meantime, Officers would circulate a copy of JSNA Ward Profiles to Members. This was supported.

The Committee agreed the report.

RESOLVED – that (A) the data on the JSNA and other health sources be noted as being a central focus for evidence in terms of scrutinising public health areas and outcomes;

(B) the JSNA and other health data sources be used by Members and promoted to Parish and Town Councils to provide health information at a local level;

(C) Members needing training on the use of the JSNA and other health data contact Officers;

(D) feedback on the usability and improvements to the JSNA be directed to Officers; and

(E) Officers provide Members of the Health and Wellbeing Scrutiny Committee with a hard copy JSNA ward profile with a subsequent article on the JSNA and link included in a future Members' Information Bulletin.

101 EAST HERTS HEALTH AND WELLBEING STRATEGY 2014-15 - YEAR END WORK PLAN: PROGRESS REPORT

The Executive Member for Health and Wellbeing submitted a report on the Council's public health work for the 2014/15 year end associated with the East Herts Health and Wellbeing Strategy.

The Environmental Health Promotion Officer provided a summary of the report as now submitted.

The Chairman referred to the project "Crucial Crew" and the excellent contribution this had made to the lives of those who had attended the project.

Councillor D Abbott said that he had visited the Barnabas Centre when one of the "Crucial Crew" meetings had taken place adding that this was a wonderful project made even more fun by the interaction of the volunteers.

Councillor A Alder referred to projects directed at senior citizens and the positive work which had also taken place. In response to a query from the Member regarding C007 (Assisting with Processing of Disabled Facility Grants (DFG) and why this figure was declining, the Environmental Health Promotion Officer explained that there had been an issue regarding the referral system to Hertfordshire County Council and Occupational Therapist referrals, but this was being addressed.

The Executive Member for Health and Wellbeing stated that he saw all Members as Community Champions and that they should be able to direct those in need to the right channels for help. He stated that the Head of Community Safety and Health Services would be providing a leaflet for circulation to all Members.

The Chairman stated that minor adaptations such as taps and handrails could be provided by the Council but the more complex issues required referral to Hertfordshire County Council.

The Committee received the report.

RESOLVED – that the East Herts Health and Wellbeing Strategy year End Work Plan for 2014/15 be received.

102 FOR INFORMATION: MINUTES

The Chairman stated that she had attended HCC Health Scrutiny Committees and was frustrated about the role of Community Champions with many not understanding the remit of the role. She had spoken on this issue to the Chief Executive Officer.

Councillor Mrs D Hollebon commented that Members were not being given information about who or where the Community Champions were operating.

Councillor A Alder stated that the Patient Participation Groups (PPG) were unhappy about the role of Community Champions as the PPG felt that they worked as Community Champions. Councillor S Cousins stated that the presentation given by a young person representative about the role was very good and the website was user friendly.

The Chairman encouraged Members to feedback issues of concern to her so that she could raise them with Hertfordshire County Council.

The Committee noted the report.

RESOLVED – that the Minutes from HCC and other health groups, submitted for information, be noted.

The meeting closed at 8.45 pm

Chairman
Date

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EAST HERTS COUNCIL

HEALTH AND WELLBEING SCRUTINY COMMITTEE – 13 OCTOBER 2015

REPORT BY SCRUTINY OFFICER (ON BEHALF OF CHAIRMAN OF HEALTH AND WELLBEING SCRUTINY COMMITTEE)

INTEGRATION OF PUBLIC HEALTH AGENDA INTO DELIVERY OF HOUSING BENEFITS AND COUNCIL TAX SUPPORT

WARD(S) AFFECTED: ALL

Purpose/Summary of Report

- To give Members the opportunity to gain evidence on this topic at a strategic level and to be assured that the service, as a main contact point for many vulnerable customers, is appropriately integrating the wider public health agenda and has a clear direction of travel.

RECOMMENDATIONS FOR HEALTH AND WELLBEING SCRUTINY COMMITTEE:

That:

(A)	An initiative to distribute healthy lifestyle information to vulnerable customers from Shared Services be supported and promoted as a contribution to the wider public health agenda and any resulting actions be tracked within the context of the East Herts Health and Wellbeing Strategy Action Plan; and
(B)	the Members' Development Group be asked to approve the inclusion of the NHS Online Training Programme for inclusion in the Members' Training Programme and made available to key Officers.

1.0 Background

- 1.1 The role of the Council in the protection and promotion of public health has always been important but it has been further enhanced due to the introduction of the Health and Social Care Act 2012

which came into force April 2013.

- 1.2 The Council adopted a new East Herts Health and Wellbeing Strategy (2013-2018) in October 2013. This was endorsed by Jim McManus, Director of Public Health for Hertfordshire, who circulated it nationwide as an example of good practice. A list of the Council's core services that contribute to the public's health can be found on pages 5 and 6 <http://www.eastherts.gov.uk/wellbeing>
- 1.3 In April 2014, Health and Wellbeing Panel (HWP) Members agreed they wanted evidence on how the Council was integrating its new public health responsibilities into core services. Presentations on planning, contract services, licensing/environment, and housing were received at a HWP meeting on 14 October 2014. As the benefits service is administered by the Council on behalf of the Department of Work and Pensions (DWP), a decision was taken to consider this service at a later date.
- 1.5 Members are asked to note that, in terms of annual service planning, all Heads of Service are requested to describe key service responsibilities and how these link to the Council's priorities and any partnership agenda, including health and wellbeing. The Council has introduced an Impact Assessment of Health and Wellbeing Issues into its report checklist.
- 1.6 Information on benefits and council tax support can be found on the link here: www.eastherts.gov.uk/index.jsp?articleid=9376

2.0 Report

- 2.1 The Head of Revenues and Benefits Shared Services has been invited, on this occasion, to present on the degree to which it has been able to integrate, if at all, the public health agenda into its work with vulnerable residents. Members are asked to note that the Council is not under any statutory obligation to integrate the public health agenda into this service.
- 2.2 Members are asked that tonight's discussion focus on identifying the starting point and what the direction-of-travel is for the shared service to contribute to the council's agreed health and wellbeing outcomes.
- 2.3 The HWS Chairman invites Members to discuss the following themes to ensure that what is being delivered is linked to the East

Herts Health and Wellbeing Strategy and that the priorities of this strategy are being given due consideration.

- a) What is your direction-of-travel in terms of integrating the public health agenda into your service, if any?
- b) What support measures, if any, has the Council put in place (or are planned) for vulnerable residents with long-term health conditions to more easily access your service?
- c) What opportunities do you see, if any, to provide healthy lifestyle advice to your customers?
- d) What links, if any, does your service have with health and wellbeing partners and local agencies?
- e) What barriers to ideas/plans have been identified and how might these be addressed?

2.4 Following the presentation and discussion with the Head of Shared Services, Members are asked to consider the responses and whether there are any public health actions they would like Officers to explore in the future, linked to housing benefits and Council tax support customers.

2.5 It has been suggested that, when other East Herts services wish to target healthy lifestyle information to these vulnerable customers, they explore with the Head of Revenues and Benefits Shared Services specific opportunities to use this route whilst recognising the limitations of using shared resources.

2.6 Members are asked to note that the NHS has a campaign called "Making Every Contact Count" (<http://www.makeeverycontactcount.com/>) that is appropriate for anyone who comes into contact with members of the public and has the opportunity to have a conversation to promote a healthy lifestyle.

2.7 The NHS offers a free online training programme about how to provide this advice and this can be accessed on <http://www.makeeverycontactcount.com/Training%20and%20Resources/eLearning.html>. Members are asked whether there is any interest within the committee to undertake this programme themselves, or as an informal study group, or possibly recommend it to key officers across the Council.

2.8 Any developments to the shared service are normally discussed at the East Herts Council and Stevenage Borough Council Joint Revenues and Benefits Committee. To view minutes go to: <http://democracy.eastherts.gov.uk/ieListMeetings.aspx?CId=419&Year=0>

3.0 Implications/Consultations

3.1 Information on any corporate issues and consultation associated with this report can be found within **Essential Reference Paper 'A'**.

Background Papers

- East Herts Health and Wellbeing Strategy 2013-2018
<http://www.eastherts.gov.uk/wellbeing>

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Report Author: Claire Pullen, Scrutiny Officer
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ESSENTIAL REFERENCE PAPER 'A'

IMPLICATIONS/CONSULTATIONS

Contribution to the council's Corporate Priorities/ Objectives :	<p>People – Fair and accessible services for those that use them and opportunities for everyone to contribute</p> <p>This priority focuses on delivering strong services and seeking to enhance the quality of life, health and wellbeing, particularly for those who are vulnerable.</p> <p>Effective use of the scrutiny process contributes to the council's ability to meet one or more of its corporate objectives.</p>
Consultation:	Report has been sent to communications but no external consultation has been conducted.
Legal:	There are no additional legal implications to those already contained in the report.
Financial:	The outcomes identified in the report will be achieved using existing resources and public health monies (district offer) provided to the council by HCC.
Human Resource:	There are no additional human resource implications to those already contained in the report.
Risk Management:	There is a risk of lack of engagement or understanding about the council's role in improving health and wellbeing in the district. The objectives of the East Herts Health and Wellbeing Strategy may not be achieved in full as a result. In terms of the district offer made by HCC, the council needs to identify suitable schemes which achieve these objectives. Effective monitoring will be important.
Health and wellbeing – issues and impacts:	The HWS Committee is set up to specifically focus in on issues and topics which have a direct and immediate impact on the health and wellbeing of all those who live, work or study in the district. This report and following presentation is a response to the introduction of the Health and Social Care Act 2013.

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The integration of the public health agenda into the delivery of Housing Benefit & Council Tax Support

Su Tarran
Head of Revenues & Benefits shared services



Who we are and what we do

- **Approach to Public Health**
- **Training and awareness**
- **Projects & Signposting**



What's on the agenda?

- **Channel Shift**
- **Alternative models for service delivery**
- **Vulnerable customers**



The Bigger Picture

- **Every Home**
- **Every Business**
- **Welfare Reform**

EAST HERTS COUNCIL

HEALTH AND WELL BEING SCRUTINY COMMITTEE – 13 OCTOBER
2015

REPORT BY EXECUTIVE MEMBER FOR HEALTH AND WELL BEING

UPDATE ON AGEING WELL INITIATIVE

WARD(S) AFFECTED: ALL

Purpose/Summary of Report

- To provide an update on East Herts Strategic Partnership's (EHSP) initiative on the district-wide Ageing Well programme

<u>RECOMMENDATIONS FOR HEALTH AND WELLBEING SCRUTINY COMMITTEE: That:</u>	
(A)	the progress made by the multi-agency Ageing Well steering group be noted and any areas for specific discussion be identified; and
(B)	Members be encouraged to actively promote and support projects in their wards and identify residents who would like to get involved as physical activity champions, dementia friends or "Time Bankers"

1.0 Background

- 1.1 At the Community Scrutiny meeting on 23 September 2014 a report was presented to Members updating them on the district wide Ageing Well initiative. Recommendation B on the bid to Sport England was at its conceptual stage at the time of reporting. This report presents Members with the current position on the successful bid as well as other initiatives.
- 1.2 The Ageing Well Steering Group brings together a number of key partners across the district with an aim to enable residents of East Herts to keep well and active as they get older. It is also committed towards developing a dementia-friendly community in

East Herts.

The steering group was set up following a multi-agency workshop in June 2013. The purpose of the group is to;

- provide a platform for working in partnership across different organisations to tackle the challenges associated with an ageing population in East Herts
- develop pro-active policies and (re)design services to meet the needs of an ageing population

2.0 Report

2.1 The Ageing Well Steering group continues to meet every six to eight weeks. Cllr. Eric Buckmaster, Portfolio Holder for health and Wellbeing chairs the group. Terms of Reference (ToR) have been agreed **Essential Reference Paper “B”**. The group has progressed in a number of areas as presented below:

2.2 **Current activities and achievements:** This item was on the agenda for the recent Rural Parish conference organised by the Engagement & Partnerships team and each item below was presented by officers at the conference on Friday 18 September 2015.

2.3 **Bid to Sport England**

The bid to Sport England has been successful bringing in £185k over three years. Recruitment process for a part-time co-ordinator has started. A “Come and Try” Event at Wodson Park Ware on Wednesday, 4 November marks the launch. The project will be known as “Forever Active in East Herts” with the tag line “Get Up and Try”. Leaflets publicising the “Come and Try” Event are available now with the activity schedule available on Wodson Park website at beginning of October. Officers are actively looking for volunteer Physical Activity Champions to help raise awareness.

The project will deliver local sport initiative at village halls, community buildings for over 50s. At this stage wards with higher than average population over 50 -75 will be the priority areas.

The reasons for the successful outcome of the bid as cited by Sport England are:

- i. Sawbridgeworth Memorial Hall pilot project provided strong

evidence base to

- ii. 9 Village Halls offered match funding in kind, expressed interest & enthusiasm
- iii. Evidence of strong partnership working especially at the heart of the community with village halls and community buildings

2.4 **Dementia Friendly East Herts**

2.5 East Herts Ageing Well Steering group has now been registered on the Alzheimer's Society Dementia Action Alliance (DAA) and East Herts Council (EHC) has submitted an action plan. Partner organisations are encouraged to submit their individual action plans to DAA. DAA banner appears on the TV screens in both council receptions.

2.6 Dementia Friends Awareness Sessions Update – A member of the Engagement and Partnerships team has been trained as a Dementia Champion and has been delivering training session across the district as presented below:

- Sessions began in April 2015
- 9 sessions delivered
- 38 people now Dementia Friends
- Sessions delivered to staff, residents, local businesses (Waitrose)
- Hertford Theatre, Rhodes Arts Complex (all staff in each)
- 2 further sessions booked in October and November for east Herts Members
- 2 sessions booked for customer services Charringtons House
- Session booked in October for all sixth formers at Freeman College
- Finalising bookings for volunteer sessions at Hertford Theatre
- Finalising bookings for Citizen's Advice Bureau (CAB)
- 2 further sessions to be booked (Hertford & Bishop's Stortford) for residents responding to article in recent LINK magazine
- Promoting dementia workshops in Members information Bulletin (MiB). Thirteen Members were trained last year out of which eight Members are still with the Council after the 2015 election. Another four Members have already booked in for 9 November.

2.7 Adaptation to homes for people living with Dementia Following a successful joint bid by Crossroads and East Herts Council, funding has been provided from the Herts Healthy Homes Initiative Fund,

and from East Herts Council for a project to develop a checklist and facilitate practical measures to help those affected by dementia to cope better at home. Available measures will include a starter pack of light bulbs, calendar, clock with day and date, and labels, and range to larger items such as flooring, wider curtain tracks, and decoration. A Project Manager has been appointed by Crossroads to develop and deliver the project, and we are keen to raise awareness of the new service, encourage referrals, and to help our residents. A full presentation was given by Cross Roads at the recent rural parish conference mentioned above, and a promotional leaflet is available.

2.8 Dementia Café

Based on the same model as the Ware Dementia café that has been running successfully at Fletchers Lea for quite some time, the council has jointly funded with Hertfordshire County Council (HCC) to run a second café. This takes place in Bishops' Stortford Baptist Church once a month. The cost per annum is £3,500.

2.9 Incorporating Arts and Music in Dementia activities

The joint work between Hertfordshire Regional College and Riversmead Housing delivered a successful project. This was funded through the Council's Arts Development budget. The Reminiscence Project working with HCC and Riversmead Memory Boxes organised a Tea Party at Hertford Theatre on 30 March 2015. This was a well-attended successful partnership event. As the council funding was one off and for creative /new initiative, all partners are now encouraged to continue and build on the success of this programme within their organisations and working in partnership as appropriate.

2.10 Silver Sunday

Silver Sunday is a national initiative to celebrate the achievements of older people over the weekend of 2, 3 and 4 October. The weekend represents a chance to celebrate older people's contribution to communities and to alleviate loneliness through social activities. The council is supporting this campaign through its grants programme and has recently funded eight community organisations to run a variety of events that meet the needs and interests of people 65 plus. The total amount awarded was £2,212

Essential Reference Paper "C".

2.11 Older Persons Activity Learning and Safety (OPALS)

The OPALS event organised in partnerships with the police and fire service on Wednesday 21 January at the Emmanuel Reform Church, Buntingford was very well attended event where over 40 people attended.

Community Safety Partnerships has awarded £250 to Fire Service organise another OPALS event for Silver Sunday celebration at Fletchers Lea on 2 October 2015.

2.12 **Time Banking** - an exciting concept that uses 'time' as a form of currency. It allows one to share his/her time and skills with others to help, support and build ones local community. Time banking is about members of the community valuing their experiences, time, skills and talents and offering them to others who can benefit from them. In return, that individual receives a feeling of supporting, a sense of belonging within a community, and a 'time credit'.

A time credit is a value of time that can be exchanged for another member's time and talents. It allows everyone to be seen as an equal: Giving up an hour to teach French is equal to someone knitting a scarf which is equal to fixing a fence. One credit is equal to one hour.

East Herts Time Bank is also looking at ways to get more requests coming in. Therefore, we have come up with the 'one off' system. This allows one exchange to be set up with those not currently a Time Bank member as a taster.

East Herts Strategic Partnership has given a one off £14k funding to roll out the initiative in the four towns of Bishop's Stortford, Ware, Hertford and Sawbridgeworth based on the model used for Buntingford.

The Council has become a member of Timebanking UK. The membership package includes access to a software package Time and Talents. We have recruited 2 fully trained members of staff from North Herts with strategic and delivery experience.

Meetings have taken place and presentation were given at the following organisations: Ware Rotary and Amwell Rotary, Village Hall Network, Sawbridgeworth Fun on the Field, Ware Launch Event, Sawbridgeworth Town Council Meeting, Sawbridgeworth

Launch Event and Ware Carnival and most recently the council's rural parish conference. Other achievements include:

- Since the launch of the project, we have 10 fully enrolled members and a further 12 members in the application process. There are new enquiries coming in every day
- There will be a coffee morning held for existing members to meet and greet one another – 10am to 12 noon on Wednesday 30 September
- Exchanges have begun – members have been doing some leaflet dropping to get the word out about Time Banking
- We are trying to get more people and local organisations to refer people to the Time Bank. Please see the council's website for more information: www.eastherts.gov.uk/timebank

3.0 Implications/Consultations

3.1 Information on any corporate issues and consultation associated with this report can be found within **Essential Reference Paper 'A'**.

Background Papers - None

Contact Member: Cllr. Eric Buckmaster, Executive Member for Health and Well Being

Eric.buckmaster@eastherts.gov.uk

Contact Officer: Will O'Neill, Head of Communications, Engagement and Cultural Services
Contact Tel No 01992 531594

Will.oneill@eastherts.gov.uk

Report Author: Mekhola Ray, Engagement & Partnerships Team Leader

Contact Tel No 01992 531613

Mekhola.ray@eastherts.gov.uk

ESSENTIAL REFERENCE PAPER 'A'

IMPLICATIONS/CONSULTATIONS

Contribution to the Council's Corporate Priorities/ Objectives <i>(delete as appropriate):</i>	<p><i>People</i> – Fair and accessible services for those that use them and opportunities for everyone to contribute</p> <p>This priority focuses on delivering strong services and seeking to enhance the quality of life, health and wellbeing, particularly for those who are vulnerable.</p> <p><i>Place</i> – Safe and Clean</p> <p>This priority focuses on sustainability, the built environment and ensuring our towns and villages are safe and clean.</p> <p><i>Prosperity</i> – Improving the economic and social opportunities available to our communities</p> <p>This priority focuses on safeguarding and enhancing our unique mix of rural and urban communities, promoting sustainable, economic opportunities and delivering cost effective services.</p>
Consultation:	<i>Addressed throughout this report</i>
Legal:	<i>None</i>
Financial:	<i>Addressed in 2.10</i>
Human Resource:	None
Risk Management:	None
Health and wellbeing – issues and impacts:	<i>Addresses throughout the report</i>

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Terms of Reference for East Herts Ageing Well Steering group and Dementia Action Alliance

Name of Group: Ageing Well and Dementia Action Alliance (DAA) Steering Group

Purpose/Role of Group: The Ageing Well Steering Group was set up following a multi-agency workshop in June 2013, with an aim to develop pro-active policies and actions that work to keep people 'well' and active into their old age. Its purpose is to:

- provide a platform for working in partnership across different organisations to tackle the challenges associated with an ageing population in East Herts.
- Champion design and re-design of services to meet the needs of an ageing population

Following a meeting of the Ageing Well Steering Group on Tuesday 25 November 2014, it was decided to consider incorporating a Dementia Action Alliance into the group's responsibilities. If this action is agreed, the purpose of the group will also include a commitment to working towards developing a dementia-friendly community.

Membership: Representatives from:

- East Herts Council;
- Herts County Council;
- CDA Herts;
- CVS for Broxbourne and East Herts as the local CVS;
- Police service;
- Fire and rescue service;
- Alzheimer's Society;
- Active East Herts;
- Health Watch
- Circle housing
- Meals on Wheels

The group hopes to recruit individuals from the community who are living with Dementia or and their carers.

Accountability: All activities should be reported back to East Herts Partnerships through the steering group.

Review:The group will review the relevance and value of its work and the terms of reference every 12 months or as appropriate

Meetings:Meetings will be held every 6 to 8 weeks, with a special focus on the DDA at every meeting. Non-members are welcome to attend the meetings, and will be invited to do so if they are required for the discussion of a particular agenda item.

The engagement & Partnerships Team Leader for East Herts Council will be the group convener and organise the meetings and generate/circulate the agenda and minutes. The Executive member for Health, Housing and Community support for East Herts Council currently chairs the meetings.

Priorities:Priorities for the Ageing Well Steering Group:

1. Improve partnership working locally
2. Provide physical activity opportunities for older people
3. Improve early identification and support for people with dementia
4. Proactively raise awareness of dementia across the district and encourage and support a dementia friendly community in East Herts
5. Join DAA and work in partnership to forward the agenda
6. Improve access to information
7. Promote volunteering focussing on the activities to support the bid to Sport England
8. Enhance digital inclusion, particularly for older people

These priorities will work alongside the following DAA priorities:

1. Ensuring the right local structure is in place
2. Identifying person/people to take responsibility and leadership
3. Produce an Action Plan
4. Develop a strong voice for people with dementia in the community
5. Raise profile of work
6. Focus plans on key areas identified locally

7. Have systems in place for monitoring, review and evaluation

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Essential Reference Paper “C”

List of Silver Sunday grants recipients

GRANT AUTHORISATION

SILVER SUNDAY

Organisation	Amount Requested	Project Description	Panel Recommendations	Senior Officer / Portfolio holder comments	Amount Awarded
The Hailey Centre	£300	Lunch and singalong entertainment with 1940's, 50's songs. Event on 2 nd Oct.	Fully fund.		£300
Albury 60 Plus	£200	Golden Oldies lunch at the Catherine Wheel Pub on 2 nd Oct.	Fully fund. Grant will cover cost of the meal. Residents will pay for their own drinks.		£200
Braziers Field Residents Association	£300	Musical entertainment, tea and sandwiches on 2 nd Oct. Aimed at over 65's. Event will also be open to residents families and	Fully fund.		£300

		friends.			
Sawbridgeworth Memorial Hall Trust	£300	Cockney sing a long with pie & mash on 3 rd Oct.	Fully fund. Larger evening event with a licensed bar.		£300
Riversmead (Burgage Court Social Fund)	£300	A day of activities (exercise and arts & crafts) for residents on 2 nd Oct.	Fully fund. Enhanced cultural activities at a local level.		£300
Age Concern Bishops Stortford	£300	Tea party on 2 nd Oct. Will include games, prizes and an entertainer. There will be a silver theme.	Fully fund. Enhanced cultural activities at a local level.		£300
Wodson Park Trust	£212	Social tea dance on 4 th Oct. Will include some Zumba and fitsteps.	Fully fund. Enhanced cultural activities at a local level.		£212
Braughing Playing Field Trust	£300	Community lunch and activity afternoon on 2 nd Oct. Will include bingo.	Fully fund.		£300

EAST HERTS COUNCIL

HEALTH AND WELLBEING SCRUTINY COMMITTEE: 13 OCTOBER
2015

REPORT BY CHAIRMAN OF HEALTH AND WELLBEING SCRUTINY
COMMITTEE

SCRUTINY WORK PROGRAMME

WARD(S) AFFECTED: *none*

Purpose/Summary of Report

- To review and determine Health and Wellbeing Scrutiny (HWS) Committee's future work programme

<u>RECOMMENDATION FOR HEALTH AND WELLBEING SCRUTINY:</u>	
That:	
(A)	the work plan for the Health and Wellbeing Scrutiny Committee be approved.

1.0 Background

1.1 Items previously required, identified or suggested for the HWS work programme are set out in **Essential Reference Paper "B"**.

1.2 To support members in their reading of health and wellbeing related reports and in discussions with speakers from partner agencies the attached **Essential Reference Paper "C"** offers a quick checklist to the abbreviations and acronyms in common use. Updates and corrections made since the previous version of this publication are shown in italics.

2.0 Report

2.1 The draft work programme, as presented here in **Essential Reference Paper "B"**, was considered to be comprehensive and cover all the main issues at this time. The timing of some items

may have to change depending on availability of speakers and essential data.

- 2.2 Following changes to the constitution, the topic of fuel poverty now comes to the Health and Wellbeing Scrutiny (HWS). This topic has been added to the 8 December 2015 meeting.
 - 2.3 Members should note that there is a gap in the agenda for 16 February 2016. Members are asked whether there is any additional scrutiny topic or suggestion for speakers they wish to put forward for inclusion on the future work programme at this time.
 - 2.4 The new health scrutiny committee can scrutinise arrangements for the provision of public health initiatives in the East Herts area; including community wellbeing, disabled facilities grants, dementia friendly homes and local partnerships; as per agreed changes to the council's constitution.
 - 2.5 Members are also asked whether they wish to extend an invitation to one or more Executive members to attend a particular meeting or for a specific agenda item.
- 3.0 Implications/Consultations
- 3.1 Information on any corporate issues and consultation associated with this report can be found within **Essential Reference Paper 'A'**.

Background Papers

None

Contact Member: Cllr Norma Symonds – Chairman Health and Wellbeing Scrutiny Committee
norma.symonds@eastherts.gov.uk

Contact Officer: Jeff Hughes – Head of Democratic and Legal Support Services Extn 2170
jeff.hughes@eastherts.gov.uk

Report Author: Claire Pullen – Scrutiny Officer, Extn 1459
claire.pullen@eastherts.gov.uk

ESSENTIAL REFERENCE PAPER 'A'

IMPLICATIONS/CONSULTATIONS

<p>Contribution to the council's Corporate Priorities/ Objectives</p> <p>(2015/16 wording)</p>	<p>People – Fair and accessible services for those that use them and opportunities for everyone to contribute. This priority focuses on enhancing the quality of life, health and wellbeing of individuals, families and communities, particularly those who are vulnerable.</p> <p>Place – Safe and Clean. This priority focuses on the standards of the built environment and our neighbourhoods and ensuring our towns and villages are safe and clean.</p> <p>Prosperity – Improving the economic and social opportunities available to our communities This priority focuses on safeguarding and enhancing our unique mix of rural and urban communities, promoting sustainable, economic opportunities.</p> <p>Effective use of the scrutiny process contributes to the Council's ability to meet one or more of its corporate objectives.</p>
<p>Consultation:</p>	<p>Potential topics for scrutiny are always invited from the Executive and all Members and the public are asked through an annual item in the 'council tax' edition of LINK magazine which is delivered to every household. Members of each scrutiny committee are consulted at every meeting as their work programme is a standing item on the agenda.</p>
<p>Legal:</p>	<p>According to the council's constitution, the scrutiny committees are responsible for the setting of their own work programme in consultation with the Executive and in doing so they shall take into account wishes of members on that committee who are not members of the largest political group on the Council.</p>
<p>Financial:</p>	<p>Any additional meetings and every task and finish group has resource needs linked to officer support activity and time for officers from the services to make the required input.</p>
<p>Human Resource:</p>	<p>There are no additional human resource implications to those already contained in the report.</p>
<p>Risk Management:</p>	<p>Matters which may benefit from scrutiny may be overlooked. The selection of inappropriate topics for review would risk inefficient use of resources. Where this involved partners, it could risk damaging the reputation of the council and relations with partners.</p>
<p>Health and wellbeing – issues and impacts:</p>	<p>The broad remit of scrutiny is to review topics which are of concern to the public, many of which have an indirect impact on the general wellbeing of residents of East Herts. HWSC is set up to specifically focus in on issues and topics which have a direct and immediate impact on the health and wellbeing of all those who live, work or study in the district.</p>

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HEALTH AND WELLBEING SCRUTINY COMMITTEE WORK PROGRAMME 2015/16 (DRAFT)

2015/16 meeting	CIVIC YEAR date	topic	Contact officer/lead	Next Exec
Meeting 3/4 in 2015/16	8 December 2015 DEADLINE 25 NOV	<ul style="list-style-type: none"> Fuel Poverty Strategy and Action Plan for East Herts – supported by costed proposals in respect of grants for loft/cavity walls, take up of Green Deal and promoting Oil Clubs etc <i>(Moved from 10 Nov Env Scrutiny as per changes to council constitution)</i> 	<ul style="list-style-type: none"> David Thorogood and Sheila Winterburn - TBC <i>(timing dependent on publication of gov't framework)</i> 	5 January 2016 2 February 2016
		<ul style="list-style-type: none"> Report on Integration of Public Health, One year on - Scrutiny to look at the extent of integration achieved in core services after 1st year and where improvements can be made. Any visitors? 	<ul style="list-style-type: none"> Lead Officer 	
		<ul style="list-style-type: none"> Interim progress report – EH HWB Strategy 15/16 work plan. This is now an exemptions report only. Live screening of new EH Public Health video and consultation on projects for inclusion in 2016/17 Health and Wellbeing action plan-post it note exercise 	<ul style="list-style-type: none"> Lead Officer 	
		<ul style="list-style-type: none"> HW scrutiny committee work programme 	<ul style="list-style-type: none"> Scrutiny officer 	
		<ul style="list-style-type: none"> Minutes from HCC Health Scrutiny Committee (12 November) 	<ul style="list-style-type: none"> Chairman of HWSC 	
		<ul style="list-style-type: none"> Minutes from Local Strategic Partnership (LSP) Health and Wellbeing Officers group. 	<ul style="list-style-type: none"> Lead officer 	
		<ul style="list-style-type: none"> Minutes from LSP Ageing Well group - 	<ul style="list-style-type: none"> Exec member or Scrutiny officer 	

Health and Wellbeing Panel work programme 2015/16

JOINT SCRUTINY	19 Jan 2016	BUDGET Report(s)		
JOINT SCRUTINY	09 Feb 2016	2016/17 Service Plans 2015/16 Performance Indicator Estimates and 2016/17 Future targets		

2015/16 meeting	CIVIC YEAR date	topic	Contact officer/lead	Next Exec
Meeting 4/4 in 2015/16	16 February 2016	<ul style="list-style-type: none"> Any suggestions for internal or external visitors? Herts Partnership NHS Foundation Trust? Clinical Commissioning Group? 	<ul style="list-style-type: none"> TBC 	8 March 2016 5 April
		<ul style="list-style-type: none"> Report on East Herts Health and Wellbeing Community Fund (formerly known as the HCC District offer) update on grant-funded projects 	<ul style="list-style-type: none"> Lead Officer and Members of Monitoring Working Group 	
		<ul style="list-style-type: none"> Report, review and approval of draft 2016/17 EH Health and Wellbeing Action Plan 	<ul style="list-style-type: none"> Lead Officer 	
		<ul style="list-style-type: none"> Minutes from HCC Health Scrutiny Committee (16 Dec and 21 Jan 2016) 	<ul style="list-style-type: none"> HWP Chairman 	
		<ul style="list-style-type: none"> Minutes from Local Strategic Partnership (LSP) Health and Wellbeing Officers group. 	<ul style="list-style-type: none"> Lead officer 	
		<ul style="list-style-type: none"> Minutes on Ageing Well dementia initiative 	<ul style="list-style-type: none"> Scrutiny officer or Exec member 	
		<ul style="list-style-type: none"> HW scrutiny committee work programme – planning for 2016/17 	<ul style="list-style-type: none"> Scrutiny Officer 	

The four principles of good public scrutiny:

- *provides 'critical friend' challenge to executive policy-makers and decision-makers*
- *enables the voice and concerns of the public and its communities*
- *is carried out by 'independent-minded governors' who lead and own the scrutiny role*
- *drives improvement in public services*

Health and Wellbeing Scrutiny Committee

To consider matters relating to health in East Herts, in particular to:

1. scrutinise local public health issues in the East Herts area
2. scrutinise partner actions to reduce health inequalities in the East Herts area
3. scrutinise arrangements for the provision of public health initiatives in the East Herts area; community wellbeing, Ageing Well, fuel poverty, East Herts Wellbeing Grant Fund, Disabled Facilities Grants, Dementia Friendly Homes and the East Herts Local Strategic Partnership
4. make recommendations to the Executive on health issues; and
5. consider matters referred to it by the Executive

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HEALTH AND WELLBEING SCRUTINY

ESSENTIAL REFERENCE PAPER C

Abbreviations and Acronyms which may be used in HWB reports

CCG	Clinical Commissioning Group
CDAT	Community Drug and Alcohol Team
CMHT	Community Mental Health Trust
CMS	Countryside Management Service
CQC	Care Quality Commission
CRI	Crime Reduction Initiative
<i>DPH</i>	<i>Director of Public Health</i>
DH (DoH)	Department of Health
DQHH	Delivering Quality Healthcare for Hertfordshire
EHO (EHPO)	Environmental Health (Promotion) Officer
E&NHT (E&NHHT)	East and North Hertfordshire NHS Trust (East and North Herts Hospitals Trust)
ENCCG	East & North Herts Clinical Commissioning Group
<i>EHHWBS</i>	<i>East Herts Health and Wellbeing Strategy 2013-2018</i>
FCCARS	First Contact & Community Referral Scheme
FSA	Food Standards Agency
GP	General Practitioner
HCC	Hertfordshire County Council
HCT	Hertfordshire Community Health Trust
HEEP	Herts & Essex Energy Partnership
HIA	Home Improvement Agency
HPAA	Hertfordshire Physical Activity Alliance
HPFT	Hertfordshire Partnership Foundation Trust
HSP	Herts Sports Partnership
HVCCG	Herts Valley Clinical Commissioning Group
HLWB	Herts Legacy & Wellbeing Board
JCPB	Joint Commissioning Partnership Board
JSNA	Joint Strategic Needs Assessment
LAA	Local Area Agreement
HWH	Healthwatch Hertfordshire
LSP (EHLSP)	(East Herts) Local Strategic Partnership
<i>Life course</i>	<i>Set of priorities based on the recommendations of the Professor Marmot Health Inequalities review. Life course describes the journey through life from birth to death and how supporting and enabling the best life opportunities for individuals can lead to improved health and wellbeing at each stage of life.</i>
LG	<i>Locality Groups – Groups of GP Practices which form part of the wider Clinical Commissioning Groups</i>

MIU	Minor Injuries Unit
NCMA	National Childminders' Association
NICE	National Institute for Health & Care Excellence
OOH	Out of Hours
PAH	Princess Alexandra Hospitals NHS Trust
PALS	Patient Advice and Liaison Services
PCSO	Police Community Support Officer
PHSE	Personal Health and Social Education
<i>PHE</i>	<i>Public Health England</i>
Q1/Q2/Q3/Q4	Quarter 1, 2, 3 & 4
QEII	Queen Elizabeth II Hospital
QIPP	Quality, Innovation, Productivity & Prevention
QOF	Quality and Outcomes Framework
RSPH	The Royal Society for Public Health
SCG	Specialist Commissioning Group
SCP	Southern Country Park
SCS	Sustainable Community Strategy
SFBB	Safer Food, Better Business
SHA	Strategic Health Authority (NHS East of England)
SLM	Sports and Leisure Management Ltd
UCC	Urgent Care Centre
UH	University of Hertfordshire
WHHT	West Hertfordshire Hospitals NHS Trust

**To: All Members of the County Council
All Chief Officers**

From: Legal and Member Services

Ask For: Laura Shewfelt

Ext: 25452

My Ref:

Your Ref:

**HEALTH SCRUTINY COMMITTEE
18 JUNE 2015**

M I N U T E S

ATTENDANCE

MEMBERS OF THE COMMITTEE

COUNTY COUNCILLORS

J R Barfoot, R H Beeching, E M Gordon (substitute for S A Batson), D Hart, D J Hewitt, S L C Johnston, S Quilty (Chairman), R G Tindall, C J White

DISTRICT COUNCILLORS

J Green (North Herts), M Gardner (Stevenage), B Gibbard (St Albans), F Guest (Dacorum), K Hastrick (Watford), G Nicolson (Broxbourne), N Symonds (East Herts), G Silver (Hertsmere), F Thomson (Welwyn Hatfield),

Other Members In Attendance

P A Ruffles, R I N Gordon, T Hone, C Wyatt-Lowe

MINUTES

The Minutes of the meeting of the Committee held on 25 March and 2 April 2015 were confirmed as a correct record and signed by the Chairman.

PUBLIC PETITIONS (Standing Order C11)

None

PART 1 ('OPEN') BUSINESS

	ACTION
<p>1. SCRUTINY OF HERTFORDSHIRE HEALTH ORGANISATION'S BUDGETS AND FRANCIS REVIEW FOLLOW UP AND FUTURE YEARS - FEEDBACK</p> <p>[Officer Contact: Charles Weir, Scrutiny Officer] (Tel: 01438 843630)</p>	
<p>1.1 The Committee received a report providing it with feedback on its scrutiny of Hertfordshire Health Organisations Budgets and Francis Review Follow Up and Future Years.</p>	
<p>1.2 Fifteen feedback forms had been returned and all stated that they wanted the process of scrutinising health organisations budgets and work related to the Francis report to continue in the same format next year. Overall the feedback was very positive. A number of improvements were suggested and these would be looked in detail at by the Scrutiny team in readiness for the 2016 scrutiny. In particular, Members discussed including the voluntary sector and it was felt that this might be best achieved via a questionnaire.</p>	
<p>1.3 The Committee also received details of Health Organisations' responses to the Committee's recommendations and the responses to requests for information that had been received at the time of agenda publication. Regarding Health checks, it was felt that insufficient data had been provided and it was requested that the Director of Public Health issue members with a more detailed briefing note. It was, however, noted that the aim of the Health check was to check cardio vascular risk as opposed to anything else. A number of other responses to requests for information were highlighted as being lacking in detail and it was agreed that Members would speak to the Scrutiny Officer outside of the meeting regarding any further information that they required.</p>	Charles Weir / Jim McManus
<p>1.4 The Committee discussed the recent Care Quality Commission's (CQC) inspection of West Hertfordshire Hospital Trust, its strategic review and the instability within the senior management team within the Trust. Once the outcomes of the CQCs inspection were known it might be necessary to undertake further scrutiny.</p>	

<u>Conclusions</u>	ACTION
The Committee:	
(i) Noted the feedback and agreed that the Head of Scrutiny and Scrutiny Officer be instructed to consider the suggestions for improvement for the 2016 and future years scrutinies, bearing in mind the comments made by the Committee.	Tom Hawkyard / Charles Weir
(ii) Noted that any outstanding information request responses would be circulated by email and that any queries should be directed to the Scrutiny Officer.	All
(iii) Noted that a scrutiny of the working of Section 136 in Hertfordshire had been added to the work programme, together with a review of Winter Resilience.	
2. HEALTHWATCH GENERAL PRACTITIONER (GP) ACCESS UPDATE	
Officer Contact: Charles Weir, Scrutiny Officer] (Tel: 01438 843630)	
2.1 The Committee was provided with an update on the GP access work that was taking place by Hertfordshire Healthwatch. Due to receiving many views and experiences from local people, particularly in the Stort Valley and Villages, regarding GP services, Healthwatch had decided to conduct a survey to find out more and establish the types of changes that might improve the situation.	
2.2 Members were reminded that the research had run over a 4 week period in May/June 2014 and involved 5 GP practices. The findings of this work were used to produce an individual practice report for each which included recommendations, together with a Public report which was launched in September 2014.	
2.3 A forum was planned to be held in September 2015, one year on from completion of the research to bring together NHS England, the CCG, local councillors and patient groups to discuss what challenges could be influenced locally and which are more systemic.	
2.4 It was noted that Herts Valley CCG was looking to use the model to do a similar study in the West of the County.	

Conclusions	ACTION
2.5 The Committee agreed that the Public Report from September 2014 would be circulated to all members of the Committee and requested that Healthwatch return to its meeting in Autumn 2015 with a further update on progress.	Charles Weir / Geoff Brown
3. CONSULTATION ON A FUTURE MODEL FOR NHS 111 AND GP OUT OF HOURS SERVICES FOR CAMBRIDGESHIRE AND PETERBOROUGH CLINICAL COMMISSIONING GROUP PATIENTS REGISTERED AT ROYSTON PRACTICES	
3.1 Representatives of Cambridgeshire and Peterborough Clinical Commissioning Group (CAPCCG) informed the Committee of the plans for engagement with patients registered at the three Royston GP practices with regard to 111 and GP Out of Hours services.	
3.2 Members heard that Royston patients were currently provided with NHS 111 and Out of Hours services by East and North Herts CCG, however, at the beginning of April 2015, the Royston clinicians, under the CATCH locality, approached CAPCCG about joining in with the procurement of a new service that was planned for the Cambridge and Peterborough area.	
3.3 The wider engagement process in Cambridge and Peterborough had finished in March 2015 but this had not included patients from the Royston practices. The Committee therefore heard detailed plans for the engagement process for Royston and the change of service proposed.	
Conclusions	
3.4 The Committee noted the update.	
4. WEST HERTFORDSHIRE STRATEGIC REVIEW	
4.1 The Committee received a further update on the progress regarding the west Hertfordshire Strategic review, including details of engagement that had taken place and its outcomes.	
4.2 It was reported that a significant amount of feedback had been received and that there was a strong sentiment that things must change. It was felt that a great deal could be done to improve health inequalities and to secure a better patient experience. Discharge from care was an area which had been highlighted and the need for care to be much more	

ACTION

joined up. The projected resource constraints over the next 5 -10 years were considerable with an income gap of £256 million by 2019/20. More work was being undertaken to understand the financial challenges and implications and this would come back to the Committee at a later date. It was anticipated that in order to bridge this gap more people would need to be treated at home with fewer hospital admissions and by making a shift from treatment to prevention.

- 4.3 Members heard that in order to further develop the co-design process, three overarching themes had been identified that would underpin the development work. These were:

Population Prevention
Integration
Empowering People

- 4.4 During discussion, Members raised the issue of delayed discharges from Watford Hospital and anecdotal evidence they had received of the difficulties and frustrations experienced by patients and their families. Concern was expressed regarding the figure of 50% of beds being occupied by patients who should have been moved elsewhere. It was noted that Care Pathway Topic Group was scheduled for the end of the year, with Chris White as Chairman.

Conclusion

- 4.5 The Committee noted that update and requested that a further report be brought to its meeting in Autumn 2015 with the proposed Case for Change and draft proposals for the future.

5. THE WORK PROGRAMME

Officer Contact: Charles Weir, Scrutiny Officer]
(Tel: 01438 843630)

- 5.1 Members were asked to consider the Committee's Work Programme for the period 2015/16. Attention was drawn to the following Seminars:

Child Sexual Exploitation Seminar which was taking place on 15 July 2015,
5 Year Forward View – October 2015
Pharmacist – 11 November 2015

Conclusions

The Committee's Work Programme was noted.

PART II ('CLOSED') BUSINESS

There were no items of Part II (Confidential) business.

Kathryn Pettitt
Chief Legal Officer

ACTION

HEALTH AND WELLBEING PARTNERSHIP GROUP EAST HERTS TOGETHER

Draft Notes of meeting held on Wednesday 15th July 2015 10am – 12.00pm

Room 27, East Herts Council, Wallfields, Pegs Lane.
Hertford. SG13 8EQ

Attendance:

Simon Barfoot, Environmental Health Promotion Officer, EHC
Marianne McWhinnie – Engagement and Community Partnerships Officer.
Kay Pitt – Home-Start EastHerts
Emma Metcalfe – Guideposts Trust
Michal Siewniak – Broxbourne and East Herts CVS
Christine Gillham - EHCAS
Jan Stock – Wodson Park Manager and Active East Herts
Debra Field – Centra Area Manager
Christopher Bland – Mind in Mid Herts
Rachel Poynter – Student Health Visitor (guest)
Councillor Steve Cousins

1. Welcome and Introductions

- SB Welcomed everyone to the meeting and introductions were made.

2. Apologies

- Steve Probyn, Lucy Eldon, Lindsey Day, Sandra Conte

3. Minutes of last meeting

- Minutes of the April 29th 2015 meeting were accepted subject to one minor amendment.

4. Mind in Mid Herts Presentation

Christopher Bland

- Christopher Bland gave a very helpful presentation on the role of Mind in Mid Herts, explaining about the ways in which they supported those living and working with mental health conditions. Christopher pointed out the location of the Hertford Office, opposite the Wetherspoons/Hertford Theatre and extended a welcome to visit the offices to the partners around the table.
- Questions and discussion arose from the presentation.
- Please see the presentation attached.

5. Update on Fellas Fitness

Simon Barfoot

- An update had been requested but not received in time for the meeting.
- From SB knowledge on the project the group were advised that a core group of 6/7 men were regularly attending and receiving great benefit in terms of improved personal fitness. It was also noted that the venue had changed and that the success of the scheme had been promoted through various East Herts media bulletins.
- SB promised to find out about the remaining timescale of the project as funding was originally provided for about a year and was expected to come to an end soon.

6. Update on CRI Healthy Lifestyles

Simon Barfoot

- SB gave an update on the January to April project which had been run for Crime Reduction Initiative recovery drug and alcohol clients. The initial course component had been taught partially by SB and mainly by Maddy Hill (former LSP Group member), lasted 6 weeks and addressed wellbeing aspects including enabling self-esteem, confidence and goal setting for positive behaviour change. The second aspect involved supporting the clients in health cooking approaches led by Sarah Scotland and also encouraged participation in physical activity including accessing Countryside Management Service Health Walks.
- The evaluation was shared with the group which showed that alongside the regular programmes of CRI such as the growth and life stages the additional healthy lifestyle content had reflected positive scale improvement in terms of outlook, mood, wellbeing, skills, healthy eating, physical activity for over half the total clients involved. About 140 attendances over the 12 week period of the course combined with an investment of about £2700 and a specifically developed course was to be recognised as a genuine success of the group in supporting and engaging help for these clients.
- The next step was to follow up with a review meeting (planned for September after initial delay) and seek opportunities to further expand the provision of the CRI Healthy Lifestyles course. **Action SB**

7. Update on Guideposts Trust project

Emma Metcalfe

- Emma gave an update on the LSP HWB supported project for those with Learning Disabilities, explaining that she had worked on some costings for the proposed spend of £2500 and also sourced a couple of venues including using Future Living Hertford premises (member of the group).
- The project would seek to combine a specialist tutor who has experience of delivering physical activity to those with learning disabilities. The proposed funding would enable a sustained period for the sessions to be run and as many people to benefit as possible. In terms of enabling access to the sessions from various East Herts client locations SB suggested that in conversation with partner agencies that some of the funds could contribute to shared transport costs.
- SB thanked Emma for the update all the work she had done, Emma agreed to keep the group informed about progress of the project and provide another update in due course.

8. District Offer Progress/Sporty Mums

Simon Barfoot and B + Jan Stock

- SB gave an update on the progress of the District Offer explaining the 12 out of 13 bids had been approved. All projects were expected to begin the planning stage soon and begin delivery from approximately September onwards.
- It was also noted that the Health and Wellbeing Scrutiny Committee would oversee visits by a group of Councillors to visit the supported projects and feedback to the Committee.
- Jan Stock gave a short update on the Sporty Mum's project explaining the rationale behind it and the initial plans, with a proposed start in the Autumn term 2015.
- Please see the attached presentation with details and scope of the project attached.

9. Group sharing on Health and Wellbeing

- Information points were raised and fed back to the group

10. Venue offer for October meeting

- Jan Stock offered to host the next meeting at Wodson Park. An offer of venue had been received by Future Living too and it was suggested that the January meeting be held there.
- Thanks to partners for hosting meetings was expressed.

11. AOB

- SB thanked all those who had attended and closed the meeting.

Date of 2015 meetings: All 14/10/15 – Wodson Park.

PLEASE ADD TO YOUR OUTLOOK CALENDARS/DIARIES.

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Agenda Item 10

Ageing Well Working Group

Tuesday 21st July at 10:00 a.m. in Council Chamber, Wallfields, Pegs Lane,
SG13 8EQ

Minutes

Introductions & apologies

Present: Cllr Eric Buckmaster (EH), Cllr Linda Haysey (LH), Will O'Neill, Mekhola Ray (MR), Carolyn Gale (CG), Angela Alder (AA), Jan Wing (JW), Sally Millett (SMEH), Jane Brown (JB), Jan Stock (JS), Craig Griffiths (CG) Karen Valencia (KV), Sheila Winterburn (SW)

Apologies: Marianne McWhinnie (MM), Kate Belinis, Debra Field, John Milton, Cathy Baker, Carolyn Gale, John Milton, Sally Marlow

Minutes of the previous meeting

Minutes of the meeting held on March 2015 were true record.

Action from the previous meeting

All covered in agenda items.

Update on incorporating Arts and Music in Dementia activities

WON updated the group on the above. Joint work between Hertfordshire Regional College and Riversmead Housing delivered a successful project. This was funded through the Council's Arts Development budget. He pointed out that other funding sources need to be explored for further work as Council's Arts Development funding is for new & creative initiatives.

JW mentioned the Choir in in U3A a positive initiative, worked well for everyone - the participants as well as the audience. She added that there was evidence to suggest that the initiative had transformed some people's lives.

JS noted that there could be some partnership work on having choir at the monthly dementia cafes in Ware and B'Stortford. SM to be asked to take this forward.

ACTION: SM

JB suggested that that it would be useful to feedback this information to Care homes and there was a lot of research out there.

LH reiterated that the purpose of working with Riversmead was to encourage people to do different things. The challenge was to deal with transport issues. She also noted that it achieved its purpose.

AA mentioned the initiative on 'singing for the brain' – young people were involved through Youth Connection and they raised money for the centre.

CG suggested that music colleges could be approached especially to see what opportunities are available at Hertford music festival.

WON to send the video link

ACTION: WON

Dementia Action Alliance

SM &MR stated that as part of the DAA registration it is expected and would be a good idea for each partner to produce their action plan and send it to DAA. SM stated that the work needed to put in was not onerous and both SM & MR were happy to give people a hand if they needed it.

Jane Brown noted that her organisation has recently submitted their action plan to DAA.

JW informed the group that CVSBEH were training their staff and they would be producing their action plan shortly.

ACTION: Update All

Update on Dementia Café in B'Stortford

In SM's absence MR informed the group that as far as she was aware the Café was going well based in St. Mary's Baptist Church. This was a partnership initiative based on Ware model and happens every month. Hopefully the group will get a full update at the next meeting.

ACTION: SM

KV offered to send their crews if appropriate to talk and promote fire safety issues at the monthly Café sessions.

ACTION: SM/KV

It would be good a get the HCC perspective on what they are doing at the next meeting.

ACTION: CB & MR

AA informed the group that they had a number of plans on starting Dementia Café in Apton Day Centre.

Update on Dementia Friendly East Herts

MR updated the group on this:

MMcW is EHDC Dementia Champion. Since April 2015 she:

- Delivered 9 sessions
- 38 people are now Dementia Friends including staff, residents and local businesses
- 2 further sessions booked in October for EHDC members
- 2 sessions booked for EHDC customer services
- Further sessions are to be booked for volunteers at Hertford Theatre
- Finalising booking for CAB

KV informed the group that she was promoting their dementia friends training within the Fire service.

MR also said that MMcW would like to explore producing a sticker or something similar for organisations who have staff who have been trained as dementia friends to stick on their windows as a way of welcoming people living with dementia and their carers. The group agreed.

ACTION: MMcW

Silver Sunday on 4th October

MR informed the group that this was a national initiative. The Council has allocated its revenue funding as a pop up grant for this time specific initiative. This is to encourage groups to organise their own events on the Friday, Saturday and Sunday of that week in October to celebrate older people's day and achievements. The Council grant deadline is 1st September.

Community Sports Activation bid

POST Meeting findings – EHDC bid to Sport England has been successful. Full update will be given at the next meeting.

Timebanking

SM updated the group on the launch events in Ware and Sawbridgeworth. The induction process has begun. She asked members to circulate the leaflets as appropriate.

Date of next meeting

Tuesday 8th September at 10:00a.m (Council Chamber, Wallfields, Hertford)

Ageing Well Working Group

Tuesday 8th September at 10:00 a.m. in Council Chamber, Wallfields, Pegs Lane, SG13 8EQ

Minutes

Introductions & apologies

Present: Cllr Eric Buckmaster (EH), Mekhola Ray (MR), Carolyn Gale (CG), Angela Alder (AA), Sally Millett (SMEH), Jane Brown (JB), Jan Stock, Claire Pullen (CP), Marianne McWhinnie (MM), Michel Siewniak (MS), Sally Marlow (SM), Chris Beattie (CB), Nigel Cox (NC), Sheelagh Taylor

Apologies: Kate Belinis, Debra Field, Cathy Baker, John Milton, Jan Wing, John Lambie, Tim Hayward-Smith, Sheila Winterburn, Jan Stock

Minutes of the previous meeting

Minutes of the meeting held in July 2015 were true record except Mekhola apologised for not recording the information below.

“Following a successful joint bid by Crossroads and East Herts Council, funding has been provided from the Herts Healthy Homes Initiative Fund, and from East Herts Council for a project to develop a checklist and facilitate practical measures to help those affected by dementia to cope better at home. Available measures will include a starter pack of light bulbs, calendar, clock with day and date, and labels, and range to larger items such as flooring, wider curtain tracks, and decoration. Stewart McIntosh has been appointed by Crossroads as Project Manager to develop and deliver the project, and we are keen to raise awareness of the new service, encourage referrals, and to help our residents.”

Action from the previous meeting

All covered in agenda items.

Silver Sunday on 4 October

The Council allocated revenue funding as a themed grant for this time specific initiative, 8 applications successful totalling £2200.

Claire to provide list

OPALS Event Fletchers Lea 2 October

CB explained he has just taken over the organisation of the forthcoming OPALS event where Fire, Police, Trading Standards will impart information on safety to older people £500 has been secured to fund the event. Transport still needs organising, MS offered CVS Community Car Scheme.

ACTION: MS/CB

AA asked if numbers are limited – might be interested people from Sawbridgeworth, after meeting MR will discuss with CB.

ACTION: MR/CB

Community Sports Activation bid

The bid to Sport England has been successful bringing in £185k over 3 years, a part-time co-ordinator will be employed. Come and Try Event at Wodson Park Ware on Wednesday 4 November 10-3.30 marks the launch. The 3 year project marketing brand is Forever Active with the tag line Get Up and Try. Leaflets publicising the Come and Try Event will be available end of September with the programme of activity available on Wodson Park website at beginning of October. Looking for Physical Activity Champions encouraging people to join in.

MOVE Week led by Active East Herts from 21-27 September running 32 events as part of a varied and interesting programme.

Health & Wellbeing Community Grant Fund still money available – voluntary and community groups can apply.

Dementia Action Alliance

MR received email from Debby Baker DAA re populating the system with partner action plans.

JB confirmed that her organisation is there.

Update on Dementia Café in B'Stortford

SM provided update that numbers are low and August Cafe had a zero attendance. Personnel changes (cafe manager) could be contributing need to

give it the full 12 months. They have done additional promotion and will closely monitor numbers going forward.

Sheila?? From Crossroads explained they run a different model of cafe and confirmed numbers were low at the start.

ACTION: SM

SM informed the group there was a new singing for the brain group starting in Sele Hertford.

AA is starting 2 similar sessions concerned we might have too many sessions and clients will get confused.

NC suggested a directory would be ideal as a central point.

SM will provide link to Connect page on website

ACTION: SM

Update on Dementia Friendly East Herts

MM highlighted she will be delivering a Dementia Friends awareness session to all sixth formers (over 100) at Freman College Buntingford on Tuesday 13 October. MM is happy to deliver Dementia Friends awareness training all you need is a suitable room and 45 minutes. JB informed the group her organisation has all been trained. MS commended the usefulness of this training he had received through CVS. NC expressed an interest in parish councils receiving the training sessions. MR will have a discussion with NC. MM showed the group 2 examples of a door sticker "Dementia Friendly Place" with 2 different colour fonts, the group unanimously decided to amend to black type with yellow shadow in door as this represented the colours easiest to read in print and better for those with failing eyesight.

ACTION: MR/NC

Crossroads

Sheelagh Taylor provided information on her organisation. Crossroads forte is respite breaks and they have been around in Herts since 1988. They have been

contracted by HCC for 3-5 years for “helping you care” providing 6 weeks respite free from caring.

Sheelagh also provided details on the new project “How can you make a home dementia friendly?” Adaptations in the home can make a huge impact and they have been awarded funding for a co-ordinator Stewart McIntosh new in post who is presenting at the East Herts Rural Parish Conference on Friday 18 September.

The first leaflet is available to collect and circulate.

Update on incorporating Arts and Music in Dementia activities

Keep this as a live agenda item and tell us if you are doing something.

Timebanking

MR/MM updated the group that they are recruiting successfully but the issue is people want to give their time only but not to take. We will need creative solutions.

HCC tender going out for 2 years connecting and developing communities with timebanking a part of this.

AOB

NC hoped there could be a way for providers to promote themselves as dementia friendly. JB explained she attended a workshop delivered by BT who are a dementia friendly organisation, HCC will have the contact.

Sheila? Explained that Crossroads encourage preventative work i.e. passwords for internet, power of attorney, advanced care plans.

SM highlighted the safeguarding issues – potential financial abuse, some people will be reluctant to share info.

AA highlighted that most older people do not have dementia.

Date of next meeting

Tuesday 3 November at 10:00a.m (Wallfields)